

AWARD WINNING SPA IN THE SOUTH OF ENGLAND

# UTOPIA



UTOPIA SPA  
AT ALEXANDER HOUSE HOTEL





# WELCOME TO UTOPIA SPA

Our stunning subterranean spa is designed to take guests on an intimate spa journey.

As you relax by the pool, melt away under a monsoon shower or sink into our warming bubble tubs, you will feel as though you have escaped to another world.

To compliment your spa day we have a variety of professional treatments including Mediterranean infused or Ayurvedic inspired.

If you feel like adding a little exercise to your spa day why not make use of our fully equipped gym, tennis court, putting green, fitness studio or book into one of our daily fitness classes.

Our 120 acre estate is also yours to explore, or enjoy complimentary use of our mountain bikes.

LET US REPLENISH, REVIVE, RENEW  
AND LOVE YOU...





## SPA PARTNER AYURVEDIC INSPIRED

ila

ila's vocation is to bring purity, energy and balance into everyday life through luxury, beyond organic products that are as effective as they are ethical: no compromise skin and body care with the ability to awaken, transform and heal.



# SPA PARTNER

MEDITERRANEAN INFUSED



Temple Spa is a lifestyle brand that fuses product, philosophy and spa. Their anti-ageing, award winning skin care, body and spa products combine cutting edge science with the best of natural ingredients to reward your skin with outstanding long-term benefits.







BEST  
ENJOYED  
WITH A  
GLASS OF  
BUBBLY





# UTOPIA SPA FACILITIES

## WATER THERAPY

During your luxury spa experience, you can choose to indulge in any one of our four water based experiences including our indoor hydrotherapy pool or private hot tubs in our peaceful zen garden.

## PAMPER TIME

We have 25 treatment rooms including three dual treatment rooms, allowing you to share your spa treatments with a friend or loved one.

## EXERCISE TIME

Our fully equipped gym and fitness studio are available to use for all guests. Our current class timetable can be found by visiting [alexanderhouse.co.uk](http://alexanderhouse.co.uk).



# LUXURY SPA BREAKS

With an award-winning spa, choice of restaurants and 120 acres of Sussex gardens and grounds to explore, you can spa, dine, relax and roam at your absolute leisure.

From boldly chic to understated and elegant, we have bedrooms made for you. Each of our extra comfortable rooms and suites are individually designed and blend classic character with modern finishes and homely warmth.

We have a selection of gorgeous rooms, including 19 Cedar Lodge Suites and a private two bedroom serviced Gatehouse.

Many rooms offer flawless views of the Sussex countryside and all are finished with those luxury touches we all love; from soft towelling robes to fine linen, plump pillows and L'Occitane toiletries.

All of our rooms include complimentary Wi-Fi and temporary membership to our award-winning Utopia Spa, for all guests over the age of 18.









# UTOPIA SPA BOUTIQUE

Visit our in-house Spa Boutique and take a little piece of heaven home with you.

We have luxury products available to purchase from ila, Temple Spa, OPI, GHD, L'Occitane and L'Oréal.



ilā



L'ORÉAL  
PARIS

O·P·I

L'OCCITANE  
EN PROVENCE



*Gifts* THAT CREATE *Smiles*

# GIFT VOUCHERS

FROM £25.00

FROM FABULOUS SPA DAYS TO INDULGENT OVERNIGHT ESCAPES, UTOPIA SPA HAVE THE PERFECT SELECTION OF GIFT VOUCHERS.

VISIT OUR GIFT SHOP AT [ALEXANDERHOUSE.CO.UK](http://ALEXANDERHOUSE.CO.UK)



ALEXANDER HOUSE HOTEL &  
UTOPIA SPA

TURNERS HILL, EAST GRINSTEAD  
WEST SUSSEX, RH10 4QD

FOR SPA RESERVATIONS

PLEASE CALL  
01342 859702

ALEXANDERHOUSE.CO.UK

OUR SISTER SPA:

ROWHILL GRANGE HOTEL &  
UTOPIA SPA

WILMINGTON, KENT  
DA2 7QH

ROWHILLGRANGE.CO.UK



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