



ALEXANDER HOUSE  
*Hotel & Utopia Spa*

## SPA DAY MENU

### STARTERS

Chilled Gazpacho Soup (V/GF)  
Basil Oil

Cured BBQ Mackerel (GF/DF)  
Horseradish Cream, Cucumber Chutney

Smoked Bacon Lyonnaise Salad (GF/DF)  
Slow Cooked Egg

Burnt Heritage Tomatoes (V/GF/DF)  
Mozzarella & Basil Salad, Rye Crisps, Chilli Tomato Water

### MAIN COURSE

Grilled Sirloin Steak—£15 supplement  
Triple Cooked Hand Cut Chips, Field Mushroom, Watercress, Braised Red Onion  
and your choice of Homemade Sauce: Peppercorn | Blue Cheese | Béarnaise

Fish Cake “Nicoise”  
Black Olive Puree

Potato, Spinach & Pepper Tortilla (V/GF/DF)  
Red Pepper Puree

Slow Cooked Chicken (GF/DF)  
Baby Vegetables, Tarragon Chicken Cream

Pea Risotto (V/GF/DF)  
Spring Vegetables, Aged Parmesan, Pea Shoots, Mint Oil

### SIDES | £4.00

Buttered New Potatoes | French Fries | Garden Leaf & Herb Salad

### DESSERTS | £6.00

Lemon Posset (GF)  
Citrus Shortbread

Strawberry Eton Mess (V/GF)  
Strawberry Sorbet, Basil Meringue

Cold Chocolate Fondant (GF)  
Raspberry Sorbet

Selection of Homemade Ice Creams 3 Scoops (GF/DF)  
Chocolate | Vanilla | Strawberry

Selection of Homemade Ice Sorbets 3 Scoops (GF/DF)  
Raspberry | Lemon | Mango | Passion fruit